Our Lady to Saint Dominic:

"One day, through the Rosary *and the* Scapular, *She* will save the world"

INTENTION

Offered in REPARATION FOR ALL SINS, OFFENCES, BLASPHEMIES, SACRILIGIOUS COMMUNIONS COMMITED AGAINST THE MOST SACRED HEART OF JESUS AND IMMACULATE HEART OF MARY.

Requirements for each of the THREE DAYS

1) **Offer a FAST.**
   Go without food for a substantial length of time. The Lenten Fast will do.
   The key here is to feel the fast and offer it up.

2) **Do a form of PENANCE.**
   This could be in the form of giving up your favourite TV / Youtube show.
   Give up social media for the three days.
   Give up your favourite food, drink and indulgence.
   Offering whatever pain or ailment for the specific intention.

3) **Pray THREE MYSTERIES OF THE ROSARY.**
   Select three Mysteries from – Joyful, Luminous, Sorrowful or Glorious.
   Offer each in honour of the HOLY TRINITY – FATHER, SON and HOLY SPIRIT.

4) **Receive the Sacrament of Reconciliation (where possible) otherwise, make a Perfect ACT of CONTRITION.**

You may use the following:

"O my God, I am heartily sorry for having offended thee, and I detest all my sins because I dread the loss of Heaven and the pains of Hell, but most of all because they offend Thee, my God. You who are all good and deserving of all my love."
I firmly resolve, with the help of Your grace, to confess my sins, to do penance, and to amend my life. Amen."

5) **Make an Act of Reparation to the Sacred Heart of Jesus and to the Immaculate Heart of Mary.**

Act of Reparation to the Sacred Heart of Jesus

O Sacred Heart of Jesus,
animated with a desire to repair the outrages unceasingly offered to Thee,
we prostrate before Thy throne of mercy, and in the name of all mankind,
pledge our love and fidelity to Thee.

The more Thy mysteries are blasphemed, the more firmly we shall believe them,
O Sacred Heart of Jesus!

The more impiety endeavors to extinguish our hope of immortality,
the more we shall trust in Thy Heart, sole Hope of mankind!

The more hearts resist Thy Divine attractions, the more we shall love Thee,
O infinitely amiable Heart of Jesus!

The more unbelief attacks Thy Divinity,
the more humbly and profoundly we shall adore It, O Divine Heart of Jesus!

The more Thy holy laws are transgressed and ignored,
the more we shall delight to observe them, O most holy Heart of Jesus!

The more Thy Sacraments are despised and abandoned,
the more frequently we shall receive them with love and reverence,
O most generous Heart of Jesus!

The more the imitation of Thy virtues is neglected and forgotten,
the more we shall endeavor to practice them,
O Heart, model of every virtue!

The more the devil labors to destroy souls,
the more we shall be inflamed with desire to save them,
O Heart of Jesus, zealous Lover of souls!

The more sin and impurity destroy the image of God in man,
the more we shall try by purity of life to be a living temple of the Holy Spirit,
O Heart of Jesus!

The more Thy Holy Church is despised,
the more we shall endeavor to be her faithful children,
O Sweet Heart of Jesus!

The more Thy Vicar on earth is persecuted,
the more will we honor him as the infallible head of Thy Holy Church,
show our fidelity and pray for him,
O kingly Heart of Jesus!

O Sacred Heart,
through Thy powerful grace,
may we become Thy apostles in the midst of a corrupted world,
and be Thy crown in the kingdom of Heaven. *Amen.*

Act of Reparation for blasphemy against the Blessed Virgin Mary

Most glorious Virgin Mary, Mother of God and our Mother,
turn thine eyes in pity upon us, miserable sinners;

we are sore afflicted by the many evils that surround us in this life,
but especially do we feel our hearts break within us upon hearing the dreadful insults and blasphemies uttered against thee, O Virgin Immaculate.

O how these impious sayings offend the infinite Majesty of God and of
His only-begotten Son, Jesus Christ!

How they provoke His indignation and give us cause to fear
the terrible effects of His vengeance!

We desire, O most Holy Mother, to love thee and to honour thee with all our hearts,
since this is the Will of God.

And just because we love thee,
we will do all that is in our power to make thee honoured and loved by all men.

In the meantime do thou,
our merciful Mother, the supreme comforter of the afflicted,
accept this our act of reparation which we offer thee for ourselves and for all our families, as well as for all who impiously blaspheme thee, not knowing what they say.

Do thou obtain for them from Almighty God the grace of conversion,
and thus render more manifest and more glorious thy kindness,
thy power and thy great mercy.

May they join with us in proclaiming thee Blessed among women, the Immaculate Virgin and most compassionate Mother of God. Amen.

Offer up THREE (3) Hail Mary's.